

# THE FINDLEY FOCUS

Findley Elementary School's Monthly Newsletter

FEBRUARY, 2016—VOLUME 5, ISSUE 6

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***Dream big! We believe! Aim High! ¡Si se puede!***

## Mark your calendars!

February 9th—Cultural Festival 5:30-7:00p

February 12th and 19th—Free Tax Prep (8a-4p)

February 18th—College Breakfast (Thank you, IHAD)

## WE ARE A PBIS SCHOOL!

RESPECT Self

RESPECT Others

RESPECT Property

RESPECT Learning

## Get Active!

Are you getting bored with all the cold weather and staying inside? Try some plate skating! All you need is a floor and two paper plates. Put the plates on the floor and stand on them. Then just push the plates around on the floor like you are skating. Try going forward, backward, and side to side. This is fun and you get a good workout, too! Other ideas to stay active during winter are: 1. Walk up and down the stairs 10 times. 2. Turn on the music and dance. 3. Start each morning with 5 push-ups, 5 sit-ups and 5 lunges. Stay **ACTIVE** and **WARM** this winter!

~Nurse Cynthia.

## Parent-Teacher Conferences February 24 and 25

Can you believe it's almost time for Spring Conferences?

This is an important time for you to visit with your child's teachers and learn about student progress. Stop by our tables in the hallway to choose a free book, have a snack, sign up for a children's bicycle and sort through the lost-and-found items. Take advantage of the free childcare in the library. In addition, your participation earns \$20 in your child's I Have A Dream college savings account. Please read the conference note in your child's backpack and confirm your scheduled appointment.

## College Breakfast for Families February 18th

Join us for breakfast pizza, orange juice, and coffee as we celebrate our great college partnerships and work with the I Have a Dream Foundation of Des Moines. Take home a new book for your child and share the excitement of dreaming big at Findley Elementary.

## Winter is here!

Please make sure your child dresses for these cold, winter days. Any school cancellations will be immediately communicated via [www.dmschools.org](http://www.dmschools.org) and local news stations. School cancellations due to weather are a district decision.


## FREE INCOME TAX PREPERATION

February 12th & 19th, 8a-4p, Findley Conference Room (Office)

Provided by I Have a Dream Foundation through the Iowa Center for Economic Success, prepare your taxes for free on these dates. You can drop your information off with the tax professional or stay for questions. Everything is completely confidential. When your returns are ready, simply pick up your prepared tax return at no cost to your or your family.

**FINDLEY'S MISSION:**  
*Building big dreamers and high achievers!*

**College of the Month**

	<b>College</b>	University of Iowa
	<b>Type</b>	Public
	<b>Location</b>	Iowa City, IA
	<b>Student Size</b>	31,387
	<b>Top Majors</b>	Business/Marketing, Parks & Rec, Social Sciences
	<b>Degrees Offered</b>	Bachelors, Masters, Doctorate
	<b>Tuition</b>	\$8,104
	<b>Average Financial Aid Award</b>	\$13,515
	<b>Findley Staff: Alumni</b>	Nurse Cynthia – <i>School Nurse</i> Miss Dehner - <i>School Counselor</i> Mrs. Jenks – <i>ELL</i> Mrs. McDermott – <i>1<sup>st</sup> Grade</i> Mrs. Owens – <i>Special Education</i> Ms. Roberts – <i>Interventionist</i> Mrs. Wilcox - <i>5<sup>th</sup> Grade</i>

**Counseling Corner**

During the month of February all Findley students will continue to work on conflict resolution skills. Through classroom counseling, students learn important skills such as empathy, understanding the point of view of others, and compromise. One of the strongest skill sets they are educated on is assertiveness vs. aggressiveness. It is important that our students know how to communicate in an effective and respectful manner when disagreements arise with peers and adults in their lives. Take a moment to talk to your child about how they can become more assertive when voicing their opinion about something they strongly agree on.

~Miss Dehner, School Counselor

**Want to earn your High School diploma?!**

Findley parents/guardians can for FREE at Findley! Join us for the HiSET course in the Findley computer lab on Monday and Wednesday nights.

**Orientation is Monday, Feb. 22nd, 5 - 8 PM (This is mandatory!)**

**Classes are Mondays and Wednesdays, Feb. 29 through May 25, 5 - 8 PM (no classes during spring break)**

Our school counselor, Ms. Dehner, will be the class instructor.

To register, please contact Mr. Kirby at 515-402-6806 or email:  
[william.kirby@dmschools.org](mailto:william.kirby@dmschools.org) or Ms. Dehner at 515-242-8407 or email:  
[jaclyn.dehner@dmschools.org](mailto:jaclyn.dehner@dmschools.org) by Feb. 22!

*This opportunity brought to you by DMACC and Des Moines I Have a Dream Foundation*